

# Sky Tower

## IN-ROOM DINING & SNACKS

BREAKFAST | (OPEN-11:00AM)

### EARLY RISER

|                                    |      |
|------------------------------------|------|
| Pot of Coffee or Decaf (6-Cup Pot) | \$11 |
| Espresso                           | \$6  |
| Cappuccino                         | \$6  |
| Herbal Tea Selections              | \$6  |
| Hot Chocolate                      | \$5  |
| Milk (Skim, 2% or Chocolate)       | \$5  |

### STARTERS

|  |     |
|--|-----|
| Freshly Squeezed Orange or Grapefruit Juice  | \$6 |
| Apple, Cranberry, Pineapple, V8, Tomato or Orange Guava Juices                         | \$5 |
| Gold Peak Sweetened or Unsweetened Tea, Minute Maid Light Lemonade or Nestea Raspberry | \$5 |

### FRESH FRUIT OF THE SEASON

|                        |      |
|------------------------|------|
| Grapefruit Sections    | \$8  |
| Fresh Seasonal Berries | \$8  |
| Fruit Platter          | \$18 |

### ASSORTED CEREALS

|  |     |
|--|-----|
| Oatmeal or Gluten Free Brown Rice Farina   | \$6 |
| Assorted Cold Cereals with fresh bananas, blueberries or strawberries              | \$6 |
| Yogurt with Berries & Granola  | \$8 |
| Overnight Oatmeal made with almond milk, honey, plain Greek yogurt & mixed berries | \$8 |

### FRESHLY BAKED BREADS

|  |     |
|--|-----|
| Muffin, Danish, Plain or Chocolate Croissant or New York-Style Bagel with Cream Cheese | \$6 |
| English Muffin, Raisin Bread, White, Wheat or Rye Bread                                | \$5 |

**CONTINENTAL BREAKFAST \$20**  
freshly squeezed orange or grapefruit juice, assorted pastries, fresh seasonal berries & coffee, hot tea or milk

### FRESH EGGS & OMELETS\*

|  |      |
|--|------|
| served with breakfast potatoes & choice of toast |      |
| Long Island Cut 8oz Steak & Three Eggs Any Style | \$30 |
| Two Eggs Any Style with Meat                     | \$14 |
| Three Eggs Any Style with Meat                   | \$16 |
| Western Omelet                                   | \$16 |
| Ham & Cheese Omelet                              | \$15 |
| Cheese Omelet                                    | \$14 |

**HEALTHY CHOICE OMELET \$16**  
spinach & mushroom omelet with tomato & choice of egg whites or egg substitute; turkey sausage (+\$2) & gluten free English muffin

### SPECIALTIES

|  |      |
|--|------|
| Classic French Toast with fresh seasonal berries   | \$14 |
| Waffles with bananas or fresh seasonal berries   | \$12 |
| Buttermilk Pancakes with strawberries, bananas, blueberries or chocolate chips   | \$14 |
| Homemade Corned Beef Hash & Three Eggs* Any Style  | \$16 |
| Eggs Benedict* toasted English muffins topped with Canadian bacon, two poached eggs, Hollandaise sauce & chives  | \$18 |
| Egg Sandwich* two eggs any style, your choice of breakfast meat (bacon, sausage, ham) cheese (cheddar, American or Swiss), bread (English muffin, biscuit, croissant or bagel) | \$14 |
| Southwestern Breakfast Burrito* scrambled eggs, sautéed peppers, onions with chorizo sausage & avocado & a side of salsa wrapped in a flour tortilla                           | \$14 |
| Smoked Salmon Platter  | \$25 |
| <b>SIDES</b>   |      |
| Bacon, Sausage, Smoked Ham   | \$7  |
| Homemade Corned Beef Hash, Turkey Bacon or Turkey Sausage  | \$8  |
| Breakfast Potatoes   | \$5  |
| Cottage Cheese   | \$5  |

### FRESHLY BAKED DESSERTS

|   |      |
|---|------|
| Mohegan Chocolate Cake, Cheesecake or Peanut Butter Pie | \$10 |
| Ice Cream pint by Ben & Jerry's <sup>◊</sup>            |      |
| Sorbet pint by Häagen-Dazs <sup>◊</sup>                 | \$11 |
| Ask about our seasonal dessert choices                  |      |

\$11

### NON-ALCOHOLIC BEVERAGES

#### SODAS AND MIXERS

|  |        |
|--|--------|
| Coke, Diet Coke, Sprite, Diet Sprite,  | \$3.50 |
| Canada Dry Ginger Ale, Tonic or Soda Water (12-Ounce)  |        |
| Barq's Root Beer (20-Ounce)  | \$5    |
| Powerade assorted flavors (20-Ounce)   | \$5    |
| Bottle of Bloody Mary Mix (32-Ounce)   | \$10   |
| Orange, Grapefruit, Tomato or Cranberry Juice (Quart)  | \$18   |
| Apple Juice, Cranberry Juice, Orange Guava Juice, Gold Peak Sweetened Green Tea, Unsweetened Black Tea, Minute Maid Light Lemonade, Nestea Raspberry (Glass) | \$5    |
| Mohegan Sun Bottled Water (12-Ounce)   | \$2.50 |
| Acqua Panna Bottled Water (1-Liter)  | \$8.50 |
| S.Pellegrino Sparkling Water (8.4-Ounce)   | \$3.50 |
| Monster (Can)  | \$5.25 |
| Red Bull (Can)   | \$8    |

All beverages listed are registered trademarks. All orders subject to 20% Service Charge, applicable CT Sales Tax & \$1 per person set-up charge.

Please touch the room service button or dial 2.3663 on your phone for assistance.

\*These items can be cooked to order or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of foodborne illness.

◊These items contain nut or peanut products or were not made in a nut-free environment. All orders are subject to 20% Service Charge, applicable CT Sales Tax & \$1 per person set-up charge. Hours are subject to change.

# Sky Tower

IN-ROOM DINING & SNACKS

ALL DAY | (11:00AM-CLOSE)

## HOMESTYLE SOUPS

|                          |     |
|--------------------------|-----|
| New England Clam Chowder | \$9 |
| Soup of the Day          | \$8 |
| French Onion Soup        | \$9 |

## FRESH SALADS

|  |      |
|--|------|
| Fresh Mixed Greens BLT Salad<br><i>with applewood smoked bacon, heirloom tomatoes, blue cheese, roasted peppers &amp; balsamic vinaigrette</i>                                 | \$17 |
| Harvest Salad♦<br><i>mixed greens, Granny Smith apples, spiced walnuts, blue cheese, red onion, heirloom tomatoes tossed in a cider vinaigrette</i>                            | \$16 |
| Caesar Salad<br><i>crispy romaine lettuce, Caesar dressing, fresh grated parmesan cheese &amp; croutons</i><br><i>**add chicken \$6, sirloin \$8, shrimp \$10, salmon \$17</i> | \$15 |

## SMALL BITES

|   |      |
|---|------|
| Shrimp Cocktail (4)   | \$20 |
| Philly Cheesesteak Egg Rolls (2)/\$12 ~ (4)/\$20  |      |
| Chicken Wings<br><i>bone-in (8) or boneless (5) tossed with choice of buffalo, garlic parmesan, sweet &amp; spicy Thai or honey bbq</i> | \$16 |
| Freshly Made Hummus<br><i>with fresh vegetables &amp; pita chips</i>  | \$18 |

## QUESADILLAS

\$19

|  |
|--|
| Grilled Chicken (BBQ style available)<br><i>flour tortilla, grilled chicken, onions &amp; peppers served with salsa &amp; sour cream</i> |
| Grilled Steak (BBQ style available)<br><i>flour tortilla, grilled steak, onions &amp; peppers served with salsa &amp; sour cream</i>     |
| Grilled Buffalo Chicken<br><i>flour tortilla, grilled chicken, buffalo sauce &amp; crumbled blue cheese with salsa &amp; sour cream</i>  |

## SPECIALTY SANDWICHES

|  |      |
|--|------|
| <i>with French Fries or Chips</i>  |      |
| Buffalo Chicken Wrap<br><i>choice of grilled or crispy chicken, applewood smoked bacon, lettuce, tomatoes, crumbled blue cheese &amp; ranch dressing in a flour tortilla</i> | \$18 |
| Grilled Reuben<br><i>corned beef, Swiss cheese, sauerkraut, Thousand Island dressing on grilled rye</i>  | \$17 |
| Fresh Deli Sandwiches<br><i>choice of ham, turkey, or roast beef, lettuce, tomato, cheese, choice of bread, roll or wrap</i>   | \$18 |
| Fried Vegetarian Buffalo Cauliflower Wrap<br><i>fried cauliflower tossed in buffalo sauce with lettuce, tomato, red onion, blue cheese crumbles &amp; ranch dressing</i>     | \$16 |
| Crispy Chicken Sandwich<br><i>seasoned panko chicken breast, bacon, cheddar cheese, arugula, red onion, zesty house sauce on a pretzel roll</i>                              | \$18 |

## BUILD-A-BURGER\*

\$18

|  |
|--|
| American Classic – <i>American cheese, lettuce, tomato &amp; red onion on a traditional roll</i>   |
| Impossible Burger – <i>Vegetarian burger with lettuce, tomato &amp; red onion on a pretzel bun</i> |
| Topping choices: <i>bacon, choice of cheese, mushroom, sautéed onions</i>                          |

## PIZZA

|   |      |
|---|------|
| <i>choice of toppings; pepperoni, sausage, bacon, chorizo sausage, mushrooms, onions, tomatoes, olives, peppers or broccoli</i> |      |
| <i>first topping add \$2 each</i>   |      |
| <i>additional topping add \$1</i>   |      |
| Cheese (18")  | \$20 |
| Gluten Free (10")   | \$20 |
| Vegetable Pizza (red or white)  | \$22 |

## ENTRÉES (4:00PM-CLOSE)

|   |      |
|---|------|
| New England Fish and Chips<br><i>crispy wedge potatoes, coleslaw &amp; tartar sauce</i>   | \$25 |
| New York Choice Strip* 12oz<br><i>roasted shallot and demi-glace choice of mashed potatoes or pan-seared fingerling potatoes &amp; vegetables du jour</i> | \$45 |
| Filet Mignon* 8oz<br><i>demi-glace, choice of mashed potatoes or pan-seared fingerling potatoes &amp; vegetables du jour</i>                              | \$45 |
| Herb Crusted Salmon<br><i>pan-seared Atlantic salmon, fresh herbs, citrus butter sauce with vegetable du jour</i>   | \$30 |
| Eggplant Parmesan<br><i>breaded eggplant, house marinara, mozzarella cheese, linguini, basil pesto</i>  | \$25 |
| Jumbo Cajun Spiced Shrimp & Linguini<br><i>cajun dusted shrimp, heirloom tomatoes, red bell pepper, arugula, lemon, white wine, garlic, cream</i>         | \$34 |
| Chicken Parmesan<br><i>breaded chicken, house marinara, mozzarella cheese, served with linguini</i>   | \$30 |
| <b>MAC &amp; CHEESE</b>   |      |
| Baked Mac & Cheese<br><i>three cheese sauce &amp; herbed breadcrumbs</i>  | \$27 |
| Chicken & Broccoli Mac & Cheese<br><i>diced chicken, broccoli, pepper bacon, three cheese sauce &amp; herbed breadcrumbs</i>                              | \$30 |
| Buffalo Mac & Cheese<br><i>diced chicken, cheddar, blue cheese, buffalo ranch cream &amp; seasoned breadcrumbs</i>  | \$30 |

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